



# Remote Patient Monitoring



## Benchmark RPM

### Value-Based Care

Benchmark Systems offers the latest devices, the best technologies, and a suite of bundled services to make your remote patient monitoring program a success. We understand the goals of patient-centered, value-based reimbursement systems and offer compliant products and services that seamlessly integrate with your clinical workflows. With Benchmark Systems, get better outcomes for value-based reimbursement.

Rather than relying on office visits alone, Benchmark RPM allows you to capture more patient data with less effort so you can provide the best possible care to your patients. With more data to analyze, you can make necessary adjustments to treatment in accordance with social and behavioral determinants of health all while supercharging profitability.

## How It Works

Benchmark RPM is a new technology that works with any smartphone or tablet - all you need is your device's built-in camera and our downloadable HealthyLYF app. With our app, patients simply need to follow the instructions, and they'll receive accurate numbers on various health metrics in less than a minute, including:

- blood pressure
- blood oxygen
- heart rate
- heart rate variability
- breath rate
- stress level
- PRQ
- stress index

Once data points are captured, our app will automatically correspond with an intelligent remote patient monitoring platform. Our AI-driven symptom checker can analyze the wide range of measurements we offer and flag any readings that might require review.

# 80%

According to a June 2021 MSI International survey, 80% of Americans are in favor of using remote patient monitoring.

# Benefits of Benchmark RPM

## Interoperability

Benchmark Systems' RPM solution consists of two components: a mobile application and a dedicated RPM platform that work together to promote unmatched interoperability. Patients capture health metrics using the app, and our app will automatically send data to our secure RPM platform. With just one tap, a patient can get a reading on core vitals while our technology transmits their readings directly into their practice's EHR. Providers can access patients' data from anywhere and easily import it into any provider's records for seamless data transference between separate practices' systems.

## Ease of Access

Our mobile application, HealthyLYF, boasts an intuitive, user-friendly interface for patients and providers alike. With a short recording of a patient's skin, our robust, AI-driven systems can instantly calculate, translate and record patient data for review. These measurements can be imported directly into providers' in-house EHR platforms or manually transcribed by staff as needed – whatever works best for your team.

## Patient Engagement

Empower your patients to take action and improve their health outside of a clinical setting. Patients better understand their symptoms and care plan

when their health data and testing are at their fingertips. Customized healthcare becomes more patient-specific with increased data collection and analysis. Increased patient engagement leads to improve patient outcomes, patient satisfaction, and potential referrals.

## Wide Range of Parameters

With Benchmark RPM, providers can receive readings for more than ten biometric measurements, with more tests already in development. Whereas remote patient monitoring has traditionally relied on specially designed measuring devices, such as heart rate monitors, pulse oximeters, and blood pressure cuffs, Benchmark Systems' deviceless remote patient monitoring can record all of these vital signs and more using the patient's own smartphone. Get more patient data with fewer in-office visits to gain a more comprehensive view of their health over time.

## Highly Reimbursable

The average RPM encounter reimbursement rate is \$120 per encounter. A single Medicare beneficiary can generate a reimbursement of \$1,400 over 12 months with just a 20-minute telehealth interaction each month. Our team of expert support staff is familiar with RPM CPT codes, best practices, and revenue cycle management systems, ensuring your claims are filed correctly and reimbursed quickly without additional burden on your practice staff.

## Benchmark RPM

Remote patient monitoring is revolutionizing healthcare as we know it – and we'd like to bring you along. Our ability to gather and transmit vital signs in real-time will transform the efficacy and accessibility of telehealth everywhere

RPM generates revenue, but taking advantage of the broad spectrum of healthcare reimbursement innovations requires much more. Our team of RPM experts will analyze your practice and develop a customized toolset to provide you, your patients, and your practice with every advantage available.



Delivering a new standard of value, accuracy, and effectiveness to remote patient monitoring

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